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ABSTRACT

This adventure alternatives directory identifies organizations and agencies providing programs which link traditional therapeutic strategies with alternative practices to address a range of problems in corrections, mental health, and special populations. Its alphabetical format and user profile key, coupled with a state by state index, make this an invaluable resource for individuals interested in agencies which provide adventure based therapeutic services. The majority of the 108 programs listed use some form of outdoor adventure to provide the participants with concrete challenges to overcome; then, with the aid of trained personnel, program participants are shown the similarities between the seemingly insurmountable challenges experienced in the out-of-doors and those problems which exist for them in their particular situations. Thus, through adventurous activities, metaphorical associations, and trained staff, these programs are exploring alternative paradigms to traditional therapeutic practices. Each entry includes the name, address, and telephone number of the program; the director's name; a user profile; age range; sex served (male, female, coed); and a short description of the setting and the programs offered. (JMM)

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AEE DIRECTORY OF
ADVENTURE ALTERNATIVES
IN
CORRECTIONS
MENTAL HEALTH
&
SPECIAL POPULATIONS

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RC016246

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The majority of programs listed here utilize some form of outdoor adventure component which provide the participants with concrete challenges to overcome; then, with the aid of trained personnel, program participants are shown the similarities between the seemingly insurmountable challenges experienced in the out-of-doors with those seemingly insurmountable problems which exist for them in their particular situations. Thus, through adventurous activities, metaphorical associations, and trained staff these programs are exploring alternative paradigms to traditional therapeutic practices.

Special thanks are due Jim Beer, who laid the foundation for this directory, and Matt Goldwasser who updated and compiled the information which is contained in this document.

The AEE is excited about the publication of this directory, however, we realize that it is incomplete; thus we invite programs which are not represented here to complete the questionnaire found at the end of this document and return it to The AEE, CU Box 249, Boulder, CO 80309.

Mitchell Sakofs
AEE Executive Director

1985

This directory is the culmination of 18 months of data collection by Jim Beer and myself.

Apologies must be made in advance, first to organizations listed here who, in the interim between responding to the questionnaires and the publication of this document, have undergone changes not reflected in this document. Also extended to organizations which permitted me to profile their program based on their brochure, I apologize if I have not represented your program to your satisfaction. And finally, I'd like to apologize to any organization not represented, I welcome your addition in the next directory. Just fill out the data sheet at the end of this document and mail it to the AEE.

Thanks to Jim Beer for giving me a running start and to Mitch Sakofs for being my personal guide through computerland. If anyone has suggestions as to how this directory could be improved, please feel free to write or call the AEE office at The AEE, CU Box 249, Boulder, Colorado 80309. Phone: 303-492-1547.

Matthew Goldwasser

This directory does not lay claim to being the definitive listing of Adventure Alternative Programs, nor does the AEE endorse the programs listed herein, rather the information contained in this directory is provided as a resource for its membership. Copyright, 1985 by the Association for Experiential Education. All Rights Reserved.

Code:

User profile

jc= juvenile corrections
ac= adult corrections
gp= general public
dh= developmentally handicapped
mh= mental health
ss= social service
e= education
o= other (explain)

Sex

m= male
f= female
c= coed

Age Range

actual age

GEOGRAPHIC INDEX

Alabama - 10
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ADVENTURE BOUND

150 Martin Road
Lackawanna, NY 14218
(716) 827-9671 or 73

jc, ss, e
m, f
10-19

David P. Bochynski, Director

Adventure Bound is a Grant funded year-round adapted O.B. program. One day through 12 day wilderness excursions are utilized mainly during the spring, summer and fall. Cross-country skiing and snow shoeing along with some short winter trips round out the excursion portion of our program. When not on trips initiative games, outdoor education, and ropes course activities are programmed for on campus as well as county youth.

ADVENTURE CHALLENGE

Central New Hampshire Community
Mental Health Services (CNHCMHS)
P.O.Box 2032
Concord, NH 03301
(603) 228-1551

mh
c
11-73

Richard D. Silverberg, Director

Adventure Challenge provides a 12-week program (one day a week) for groups whose members are working on similar personal issues. Activities are primarily on site with 3 off site trips per 12-week series. The sequence of activities progresses as fast as a particular group can move.

ADVENTURE/DISCOVERY, Inc.

319 N. Humphrey
Flagstaff, AZ 86001
(602) 774-3351 or 1926

jc, dh, mh, ss, e
c
8-18

Jene Kenneth Vredevoogd, Director

Adventure/Discovery, Inc. is an educational therapeutic outdoor program for problem and handicapped kids, ranging in age from elementary through high school. Adventure/Discovery, Inc. is a four season program. Activities include cross-country skiing, climbing, backpacking, and whitewater river runs on the San Juan, Green and Colorado Rivers.

ALASKA WILDERNESS SCHOOL

1329 East 15th Street
Anchorage, AK 99501
(907) 274-9349

14-21

Beau Basset, Director

The Alaska Wilderness School provides 3 to 10 day adventure trips for underprivileged/disadvantaged youth in the Anchorage school district. Activities include backpacking, canoeing, ropes course, winter expeditioning (skiing and snoeshoeing), and climbing.

ARKANSAS REHABILITATION RESEARCH AND TRAINING CENTER

P.O. BOX 1358

mh, Rehabilitation

Hot Springs, AR 71902

coed 16-adult

(501) 624-4411, Ext 292

Bob L. Means, Director

General Adjustment Life Skill Training programs offered in a psychodynamic mode.

BABLER OUTDOOR EDUCATION CENTER FOR THE HANDICAPPED

Babler State Park

800 Guy Park Drive

jc, gp, dh, mh, ss,e,

Chesterfield, MO 63017

& physically handicapped

(314) 458-3048

m, f, c

Linda Thompson Sauerwein, Director

all ages

Babler Outdoor Education Center for the Handicapped provides facilities for different groups to have a variety of programs--school camping, outdoor education, adventure education, summer camping, retreats, etc.

BECKET ACADEMY

River Road

m, f

East Haddam, CT 06423

10-19

(203) 873-8658

Donald Hirth/Douglass Teschner, Directors

Becket Academy is a year-long residential program for children who are "normal," learning disabled, emotionally disturbed, delinquent, and mildly mentally retarded with behavior problems. The wilderness component includes a variety of programs- from weekend trips to six week adventures.

BRADFORD WOODS OUTDOOR EDUCATION, RECREATION AND CAMPING CENTER

5040 State Road 67 North

gp, dh, e

Martinsville, IN 46151

c

(317) 342-2915 or (812) 335-0227

8-80

Gary M. Robb, Director

Bradford Woods provides opportunities for adventure education and leadership training through the use of ropes and initiative courses in addition to other traditional outdoor activities such as canoeing, rappelling, horseback riding and primitive camping.

BRECKENRIDGE OUTDOOR EDUCATION CENTER

P.O. Box 697

Breckenridge, CO 80424

(303) 453-6422

Michael Mobley, Director

jc, dh, mh, ss
 & medical groups,
 victims of family violence
 c infants-elderly

The BOEC offers year-round therapeutic wilderness programming for people with special needs. Courses ranging from one day to two weeks. Activities include cross-country skiing, winter camping, ropes course, ice skating, avalanche awareness, new games, natural history activities, downhill sled skiing, cross-country sled skiing, hiking, backpacking, rock climbing, rafting, canoeing, and kayaking. We work with agencies and individuals from all over the U.S. and Canada. Emphasis of each course is determined by discussion with the agency about goals, abilities, and physical and mental limitations of the participants, etc.

CALIFORNIA WILDERNESS TRAININGS

Berth 204

New Mark's Yacht Center

Wilmington, CA 90744

(213) 518-1403

Gail and George Martin-Mausser, Directors

jc, gp, mh, ss, e
 coed 9-adult

CALIFORNIA WILDERNESS TRAINING is a rare and unique company specializing in providing adventure experiences for youth, adults, families and couples. We blend a series of thrilling and breath taking outdoor experiences with a deep look at how people interact, how they overcome fears and share support with each other. Challenges include a rappel, an exhilarating high-in-the-trees ring jump, low ropes course events and wilderness problem solving activities.

CALIFORNIA YOUTH AT RISK NETWORK (CYAR)

16550 Ventura Blvd., Suite 432

Encino, CA 91436

(818) 784-3325

Charles Paioni, Chairman

jc, gp, dh, mh, ss, e
 & outdoor adventure
 camp personnel
 m, f, c, 13-18

California Youth at Risk Network brings together Juvenile Justice agencies and outdoor-adventure/holistic camping practitioners.

CAMP CONFIDENCE

East Oak Street

Brainerd, MN 56401

(218) 828-2343 or 829-7830

dh
 c
 all ages

Camp Confidence provides a year-round program of camping, therapeutic recreation, and outdoor education for mentally retarded citizens.

CAMP E-HUN-TEE

RR 1 BOX 607A

Exeter, RI 02822

(401) 539-7775 or 7100

David J. Lemmerman, Director

jc, dh, mh, ss, e
 m 10-16

Small groups, peer pressure, reality therapy, experiential thematic education, significant adult and wilderness modality.

CAMP NEW HORIZONS

P.O.Box 98

Shawnee-on-Delaware, PA 18356

(717) 421-6727

gp, dh, mh, ss, e

c

6-19

Neal C. Swartz & Mary-Margret Pauer, Directors

This is a non-competitive social learning program for children with learning difficulties, problems of adjustment and related developmental concerns. Focus on interpersonal skills, enhanced self-esteem and increase in age appropriate behaviors.

CARROLL SCHOOL BOUNDERS

Box 280

Lincoln, MA 01773

(617) 259-8342

gp, dyslexic

coed 8-15

Michael A.B. Stratton, Director

The Carroll School is a day school for dyslexic boys and girls. The Carroll School Bounders is an elective program offered at the school in all four seasons and is a modified Outward Bound program. Activities include rock climbing, urban and suburban wilderness survival techniques, community service projects, Foxfire techniques and much more. This six week program operates after school three hours a day and includes three to four weekend expeditions.

C.A.T.C.H. (Community Alternative to Commitment Hazards)

c/o Lane County Juvenile Dept.

2411 Centennial Blvd.

Eugene, OR 97405

(503) 687-4102

Casey A. Dale, Director

The CATCH program attempts to strengthen client's existing linkages in the community. Vocational, educational, and recreational alternatives are presented to youthful offenders (group therapy/wilderness challenges).

jc

m, f

13-19

CEDU SCHOOL

P.O. Box 1176

Running Springs, CA 92382

(714) 867-2722

Mark Wasserman, Director

CEDU School offers a year round residential experiential education program for adolescents with special emotional needs. The program encompasses intensive group counseling, wilderness experientials and vocational training, in addition to a complete 7-12 academic curriculum.

e, emotionally disturbed,

learning disabled

coed 13-18

CHADDOCK (D.A.W.N.)

205 S. 24th Street

Quincy, IL 62301

(217) 222-0034

jc, ss, e

m, f

9-18

Richard Walker, Program Vice President

John Dufresne, Director

D.A.W.N. seeks to build self-concept and strengthen relationships through its adventure program. Programs offered range from one day outdoor experience to a 14-day stress challenge wilderness course. Activities include obstacle course, backpacking, rock climbing and rappelling, canoeing, caving and solo experiences.

CHALLENGE

Project Adventure, Inc. S.E.

P.O.Box 5573

Savannah, GA 31414

(912) 897-6758

jc, dh, mh, e

c

12-18

Alan Sentkowski, Director & Cindy Simpson, Coordinator

Challenge is an adventure-based therapeutic counseling model. A six week, community based, alternative educational program (8 hours/day) is the principle model presently. Other shorter programs are offered.

CHALLENGE FOR YOUTH WILDERNESS CENTER, INC.

P.O. Box 582

Great Barrington, MA 01230

(413) 528-3461

jc, gp, mh, ss,

& drug/alcohol

c

12-17

Walt Johnson-Weinberg, Director

Ten to fourteen day backpacking and canoeing trips designed to increase awareness, confidence, self-respect, trust, compassion and responsibility form the basis of the Challenge for Youth program. Challenge for Youth has successfully modified its standard course to fit the needs of specific agencies, organizations and schools.

THE CLEARING

Route #1, Box 1600

Marshfield, VT 05658

(802) 426-3810

m, f

12-20

Robert Belenky, Director

This program provides counseling and psychoeducational assessment for at-risk youth. Activities include hiking, cross-country skiing, and canoeing. Groups are small in size: 3 kids and 2-3 staff.

COLORADO OUTWARD BOUND SCHOOL

Mental Health Project Center

945 Pennsylvania

Denver, CO 80203

(303) 837-0880

Nelson Chase, Director

The Mental Health Project Center runs Outward Bound short courses for alcoholics, psychiatric patients, rape victims, battered women and battering men.

mh

m, f, c

11-78

COLORADO SPRINGS PROGRAM

431 Cascade Avenue

Colorado Springs, CO 80903

(303) 471-8604

Mark Hesse, Director

jc, dh, ss, e

c

14-18

1. Pueblo County Runaway and Homeless Youth Project: Federally funded program provides intervention and residential placement diversion services to 32 high-risk youth from Pueblo County, age 14-18. Program consists of a 22-day Outward Bound course and six months of follow-up that includes Outward Bound outings and intensive individual, group and family counseling.

2. LE/AD Grant Program: Privately funded scholarship program provides a standard Outward Bound course and subsequent activities and outings for 20 high school juniors from low income families in the Colorado Springs community.

3. Youth Odyssey: A public and privately funded adaptive program for special education students from the Colorado Springs community. Program includes 5-7 day courses for students 12-18 years of age.

4. Colorado College Student Leadership Leader Training Seminars: Privately funded program for Colorado College outdoor leaders. Program provides communication and outdoor skills training.

THE COMMUNITY ENVIRONMENTAL EDUCATIONAL PROGRAM

(Wilderness School)

Jefferson Union High School District

6996 Mission Street

Daly City, CA 94014

(415) 992-4050, ex39

Reno Taini, Director

jc, e, juvenile disabled

c

16-18

The Community Environmental Educational Program is a semester long experience for high risk youth in the Jefferson Union High School District. The semester begins with a two-week wilderness backpack trip. Other activities include organizing ecology projects, doing research on local environmental problems, raising farm animals, growing organic crops, and learning how to use community resources. The goals of the program are to have students learn traditional academic subjects through hands-on experiential projects, to teach the process of making better decisions by solving real problems, to learn the skills of organization in working with other people, and to prepare the students to be intelligent, functioning citizens by offering the opportunity for individual growth and attention.

D.A.S.H. Programme
Min. Attorney General
Box 220

jc
m, f
14-19

Sardis, B.C.
CANADA VOX 1Y0
(604) 858-3393, Loc. 39
William Hughes, Director

An Acronym for Development of Attitudes, Skills and Habits, D.A.S.H. is a wilderness experience program serving male and female probationers, ages 14-19, from the Province of British Columbia. Courses are 30 and 60 days in length depending on individual need. Referrals must be a written condition of probation. D.A.S.H. is sponsored by the Corrections Branch of Ministry, Attorney General, BC. Staff numbering 20 serve 210 annually.

DeLaSALLE VOCATIONAL (OFF CAMPUS PROGRAM)

Street Road & Bristol Park
Bensalem, PA 19020
(215) 464-0344

jc
m
15-19

Skip Gans, Director

DeLaSalle Vocational offers a variety of courses to its students: service learning, adventure learning, stress/challenge and community based learning.

DISCOVERY, INC.

2311 Dellwood Drive N.W.
Atlanta, GA 30305
(404) 351-1295

jc, gp, dh, mh, ss, e
c
5-65

Ralph Puckett, Director

Discovery, Inc. is a non-profit, tax exempt, experiential educational institution which adheres closely to the philosophy of the internationally renowned Outward Bound. By taking part in rigorous, psychologically and physically challenging activities in an outdoor setting, participants gain a deeper understanding and appreciation of themselves, their fellow man, and the environment. Discovery programs are conducted for a diversity of groups such as business firms, families, school groups, juvenile corrections and developmentally handicapped. While each program is developed with specific goals in mind, there are certain program elements which comprise most DISCOVERY programs, including: skills training, initiative tests, expeditions, service, solos, mountaineering, morning run, and a marathon.

EAGLE'S NEST CAMP & ENC FOR CHILDREN WITH DIABETES

Winter: 633 Summit St
Winston-Salem, NC 27101
(919) 761-1040

camp for diabetic children
coed 6-17

Summer: 43 Hart Rd
Pisgah Forest, NC 28768
(704) 877-4349

Helen Waite, Director: Lee Reading & Grant Bullard, Associates

EAGLE'S NEST CAMP is a private, independent, non profit camp accredited with the ACA. ENC Camp for children with diabetes is co-sponsored with the American Diabetes Association. Eagle's Nest specializes in its out-of-camp biology-campcraft program for its younger children and in its wilderness programs for young and old. In addition emphasis is on music, athletics, mountaineering, whitewater canoeing, the Explorers' club, Hante(Walkabout) and Paleo-man Experience.

EAGLE VILLAGE ALTERNATIVE PROGRAMS

Eagle Village, Inc.

RR #1, Box 300

Hersey, MI 49639

(616) 832-2234 or 2511

Jean Hainley, Director

jc, gp, mh, ss, e

and families

m (residential)

c (camp & school)

6-17 primarily college &

families. (some)

Eagle Village offers a variety of alternative programs:

PROJECT SURVIVE: 15 day program option for courts, schools, community agencies which stress individual growth and problem solving skills, as well as group responsibility, within a wilderness setting. This is achieved through basic camping, initiative activities, a maze ropes course, a set of 40' climbing and rappelling towers, backpacking and canoeing.

CAMPS: Schools and community agencies send approximately 300 youth each summer, ages 7-15, who need support services. Most have social, emotional and behavioral problems. This is a ten day adventure experience.

FAMILIES: Program options are available for families seeking growth, families in counseling and families in crisis. Initiatives and adventure activities are designed to place the family in a given experience and help them resolve or solve a problem.

ECHO GLEN CHILDREN'S CENTER

33010 S.E. 99th St.

Snoqualmie, WA 98065

(206) 624-6514

jc

coed 8-18

James Giles, Supt. Lew Landers, Recreational Director

Hiking, rafting, cross-country skiing, winter camping, rock climbing etc. are used as part of our treatment approach. Safety, security and education are focused upon through use of fear-stress modality and recreational use of the environment.

THE ECKERD WILDERNESS EDUCATIONAL SYSTEM

1250 Rogers Street Suite "D"

Clearwater, FL 33556

(813) 461-2990

Daniel Schooler, Director

mh, e (each is licensed

as a group child care

facility, non psychiatric)

m, f, c

7-16

A wilderness therapeutic program for the emotionally problemated youth. Programs in Florida, North Carolina, Vermont, and Rhode Island.

ENVIRONMENTAL TRAVELING COMPANIONS (E.T.C.)

Fort Mason Center, Building "C"

San Francisco, CA 94123

(415) 474-7662

Lisa Galblum, Director

dh, mh, e

(emphasis on blind)

c

8-60

Environmental Traveling Companions (E.T.C.) provides adventure opportunities for people with special needs: blind, deaf, physically and emotionally disabled, and socially disadvantaged youth. Activities include river rafting, backpacking, cross-country skiing, snow shoeing, and tobogganing.

ENVIROS WILDERNESS SCHOOL

9440 48th Avenue N.W.

Calgary, Alberta

CANADA

(403) 288-5104

Peter, Claghorn, Director

Enviros conducts wilderness courses for troubled youth. The stress challenge expeditions include a solo, final, and an urban component. The courses run for sixty days in the winter and ninety days in the summer.

m, f

14-16

EXPEDITION OUTREACH INC.

P.O.Box 431

Idaho Falls, ID 83402

(208) 524-1874

Larry J. Wells, Director

Expedition Outreach Inc. conducts 5 to 30 day field programs based on primitive/stone age living skills. Positive mental thought, decision making, and communication skills training are implemented in the program. Self-initiative, responsibility and self concept improvement are an important part of the experience. The natural environment and group process are the major tools used. The program is conducted using a positive approach to confrontation and behavioral change. Expedition Outreach Inc. uses a holistic approach developing the mental, physical and spiritual aspect of the student.

jc, ac, dh

c

14-?

FAIRFAX COUNTY 4-H WILDERNESS CHALLENGE PROGRAM

4000 Chain Bridge Road

Fairfax, VA 22030

(703) 691-3400

Chuck Connelly, Volunteer Coordinator

This is a community based, volunteer led youth high adventure program for teens unable to take full advantage of community resources with emphasis placed on those youth felt to have difficulty developing self-confidence, self-esteem and self worth.

gp, mh, ss, e

& pre-delinquent

c

13-18

4-H VOAC ADVENTURE ROPES COURSE

P.O. Box 34066

San Francisco, CA 94116

(415) 469-7277 or 586-4115

Jim Brenner & Diane Nichols, Director

This is an adventure ropes course program which serves a diverse special needs population as well as the general public.

jc, gp, dh, mh, ss, e

& hearing impaired and

visually impaired

coed

6-senior citizen

YMCA GIRLS' ADVENTURE TRAILS

4434 West NW Highway

Dallas, TX 75220

Jennie K. Curtis, Director

Girls' Adventure Trails is a year-round therapeutic camping program for girls aged 9-15 who are experiencing emotional and behavioral difficulties. An integral part of the Girls' Adventure Trails is the family component centering around parent education and support while the girls are on their month long camping trip, and culminating in 3 weekly family group sessions and a multi-family weekend experience.

jc, gp, mh, ss, e

f

9-15

GLENWOOD WILDERNESS CAMP

101 Glenwood Lane
Birmingham, AL 35243
(205) 967-4407

jc, mh, ss
m
10-16

Janice C. Hanson, Director

GLENWOOD is a year round therapeutic camp designed as an alternative form of residential placement for emotionally-conflicted youth. It provides a consistent approach to problems, wherein, everything in a boy's day has therapeutic value. Against a background of small group interaction, youngsters come to learn that they are important to self and others.

At camp living is simplified and orderly making the consequences of one's behavior unavoidable. Counselors serve as role-models encouraging individual and group responsibility through positive peer pressure. Careful planning and problem-solving serve as the foundation for success. A "never give up, let's try again" approach is shared by campers and counselors.

The ultimate goal of camp is to return the youth to his family or least restrictive environment. To this end, family counseling and parent education are regarded as a vital part of a boy's stay at camp. Once-a-month campers return home furthering family interaction and stability.

Educational the camp program is life-wide. The camp offers an academic experience which includes learning in the classroom and much more. As a youngster calculates rations for a cook-out or learns to express himself in letters to home, he gains knowledge in an exciting way. At discharge, youth are ready to return either to a regular or special education classroom.

GREEN WILDERNESS PROGRAM

1311 Sloatsburg Road
Ringwood, NJ 07456
(201) 962-4693

jc
m, f
13-18

Bradley Koller, Director

The Green Wilderness Program is part of the Juvenile Services Division of the New Jersey Department of Corrections. Day-long to week-long programs include canoeing and a high and low level ropes course.

GRIFFITH CENTER

P.O.Box 95
Larkspur, CO 80118
(303) 681-2400

jc, mh, ss, e
m
12-18

Robert Over, Director

A residential treatment center for emotionally disturbed adolescents, utilizing behavior modification, individual and group psychotherapy, wilderness adventure programming and experiential education as treatment modalities.

HIGHER HORIZONS

P.O.Box 340

Johnstown, NY 12095

(518) 762-4809

jc

m, f

12-18

Douglas Bowne, Director

Higher Horizons has provided outdoor adventure programming of the Outward Bound type to the N.Y.S. Division for Youth for the past 12 years. Higher Horizons provides a range of services for delinquent male and female (ages 12-18). These services include one to 14 day courses, 38-day Release/Diversion courses, ropes course construction, school programs, technical assistance and staff training seminars.

HOPE CENTER FOR BOYS WILDERNESS PROGRAM

P.O. Box 128

Apple Springs, TX 75926

(409) 831-2293

jc, gp, mh, e

m

12-17

Lyndy Langford, Director

The program uses wilderness settings to intensify and accelerate group therapy processes for emotionally disturbed and delinquent boys. This long term (average length of stay is 13 months) program uses "positive peer culture" and problem solving models and includes an accredited school program.

HURRICANE ISLAND OUTWARD BOUND SCHOOL SPECIAL PROGRAMS-FLORIDA

Route 2, Box 237E

Yulee, FL 32097

(904) 261-4021

jc

m, f, c

13-18

Lewis Glenn, Director

Outward Bound adaptive program for juvenile delinquents committed by the State of Florida; also Status Offenders Program- adaptive Outward Bound, 18-day wilderness, 10-day follow-up.

INNER QUEST, INC.

140 Queen Street

Leesburg, VA 22075

(703) 471-1014

jc, gp, dh, mh, ss

& Corporate Management

m, f, c

8-adult

Randolph S. Smith, Director

Inner Quest works with diverse organizations in achieving specific goals within the parameters of client needs. Programs have included school orientations, management group training, and social adjustment for troubled youth. Program capabilities include a variety of adventure-based activities such as backpacking, rock climbing and rappelling, white and flatwater canoeing, spelunking, and cross-country skiing. All programs combine technical skills training with leadership and group process training.

INSTITUTE FOR CREATIVE LIVING

(Outdoor Initiative/Challenge Programming)

3630 Fairmount Blvd.

Cleveland Heights, OH 44118

(216) 932-3785

Marcia Mauter, Director

jc, ac, gp, dh, mh, ss, e
and business organizations

c

10-60

The Institute for Creative Living's program components include an Initiative Course, 21-day Wilderness Education Programs, and one-day Skill Seminars. The Institute administers these year-round programs to rehabilitative agencies for youth, alcohol and chemical dependency groups, staff development for business and professional groups, handicapped populations, schools and universities.

INTERMEDIATE TREATMENT PROGRAM

34 Simcoe St

Barrie, Ontario

Canada L4M 4Y6

(705) 737-1311

Juvenile Probation Services, Directors

Community based discussion-activity program using Project DARE for impact group cohesion effect.

jc

coed 14-16

J bar J BOYS RANCH INC.

62895 Hamby Rd.

Bend, OR 97701

(503) 389-1409

Kenneth J. Dalton, Director

The J bar J Boys Ranch, Inc. is a private non-profit community based residential Youth Care Center, serving adolescent young men who have been adjudicated for law violations, and are placed by the State of Oregon for treatment and rehabilitation.

Ranching Program: The agricultural/animal husbandry programs provide an environment with a wide range of natural, practical experiences and skill development; it is engineered for exposure and insight into a variety of sciences and trade areas.

Outdoor Program: The outdoor program encompasses all seasonal sports and activities from casual non-structured treks for fishing, rock bounding, x-country skiing- to highly technical rock climbing/mountaineering, desert/winter survival.

Treatment Programs: The residential environment is structured to provide a positive personal change process that is based on guided group interaction. Individual and group counseling are directed towards improved self-reliance, insight to self and others, and for learning alternatives and options to problem solving and decision making.

Scouting Program: Every boy at the J Bar J is a member of Explorer Post 333 of the Boy Scouts of America. The boys are divided into patrols, following the standard Scouting model. The patrol is the basic therapy unit, as well as the focus of recreational activities.

jc

m,f 13-18

KEN-CREST CAMP

Route 29
 Mont Clare, PA 19453
 (215) 935-1581

dh
 coed 7 and up

Rhonda E. Fuchs, Director

KEN-CREST CAMP and summer programs offer mentally handicapped individuals opportunities to participate in traditional camp and outdoor programs that are fun and educational. Ken-Crest has something for everyone- Residential Camp, Trip Camping, and Respite/Recreation Weekends. Each program provides recreational and social experiences that will help campers develop physically, emotionally and intellectually. All activities are designed to meet each camper's needs for self-expression, social interaction and recreation and to help campers learn skills and interests for greater independence.

KOINONIA WILDERNESS SCHOOL

Martin Luthur Camp Corporation
 Highland Lake, NY 12743
 (914) 557-8335

e
 m
 14-18

Robert M. Nervig, Director

An alternative high school for students who have an inability to learn in the traditional setting; often an ego or self-image problem based on home and school relationships. The goal is to develop understanding and communication skills and generate positive experiences in learning. Resources available are Koinonia's 1200 acre wilderness, the Travel Study, and the other members of the Koinonia staff. If a student learns to get along with people and can see that learning is fun and important, he may become ready to re-enter a more normal schooling environment.

ELIZABETH G. LANIER WILDERNESS PROGRAM

P.O. Box 760
 Groveton, Tx 75845
 (409) 642-2384

jc, gp, mh, ss, e
 f 12-17

Jeff Jamar, Director

The program uses wilderness settings to intensify and accelerate group therapy process for emotionally disturbed and delinquent girls. This long term (13 month average length of stay) program uses "positive peer culture" and "problem solving" models and includes a Texas Education Agency accredited school program.

LIFE CAMP

280 Kimbary Drive
 Dayton, OH 45459
 (513) 885-5700

gp(youth), dh, mh, ss, e
 m, f
 9-17

Connie Day, Executive Director

Life Camp brings together young people of varying backgrounds including those with physical, mental and emotional handicaps for a week of adventure camping and exploration in a wilderness area.

LINCOLN HILLS SCHOOL

Substance Abuse Program

Route 1, P.O.Box 96

Irma, WI 54442

(715) 536-8386

James R. Wichman, Director

jc

c

12-19

A unit within a juvenile correctional facility for 15 students with substance abuse problems. A 61-day program.

MARION COUNTY WILDERNESS CHALLENGE

3030 Center Street, N.E.

Salem, OR 97301

(503) 588-5324

jc

c

13-17

Judy VanderMaten, Special Program Assistant

The Wilderness Challenge Program is a year-round Outward Bound experience including an initial 26 days in the wilderness and 40 days follow-up and support. Eight times a year ten boys and girls, all at risk of being placed in state training schools, are court ordered into the Wilderness Challenge. This very challenging, high stress program is operated in the summer in the Three Sisters Wilderness area, and in the winter in the Hart and Steens Mountains. A six-week follow-up program begins when the youth returns from the wilderness. The purpose of the follow-up is to provide a continuing support structure for group members and to reinforce the growth that was achieved on the wilderness course. Conciliation counselors provide short-term family counseling; weekly support group meetings are held as well as other activities tailored to meet each group's need.

MORRIS VILLAGE YOUNG ADULT PROGRAM

610 Faison Drive

Columbia, SC 29203

(803) 758-4501

John A. Morris, Director

jc, mh, substance abuse

coed 13-17

The Young Adult Program is a residential treatment program for adolescent substance abusers. The Outdoor Education component (backpacking, canoeing and rock climbing) is an integral part of over-all treatment.

NATURAL HIGH

Western Youth Services

204 E. Ameriga

Fullerton, CA 92632

(714) 871-9940

Glen Tepke, Director

jc, gp, mh, ss, e

c

11-18

This is a program of drug abuse prevention based on increasing self esteem, self reliance, alternatives to drug abuse. Natural High utilizes group counseling, drug education, wilderness education and outings (backpacking, rock climbing, cross-country skiing, of 1-8 days).

NEW DOMINION SCHOOL, INC.

P.O.Box 540
Dillwyn, VA 23936
(804) 983-2051

jc, e
m
12-18

Richard Warren, Director

The program includes a long term residential wilderness treatment, building group shelters, extensive wilderness trips, positive peer pressure, and group and individual therapy.

NEW MEXICO BOYS' SCHOOL

Eagles Nest Camp
P.O.Box 317
Eagle Nest, NM 87718
(505) 377-2911

jc
m
12-18

Jack Newton, Camp Manager

An 8-10 day therapeutic and evaluative wilderness course is part of a 2-month program of high stress backpacking, rock climbing, whitewater rafting, and cross-country skiing. Initiative games course and high ropes course are also available, as well as an urban adventure program.

NEW MOON WILDERNESS, INC.

4111 Medical Parkway Suite 201
Austin, TX 78756
(512) 407-0247

mh
m, f
6-17

Steve McKee, Director

New Moon Wilderness operates two year-round programs for children and adolescents between 6 and 17 years of age. The programs provide educational services, group and individual counseling, and specialized outdoor activities for youth experiencing emotional and behavioral difficulties. Special emphasis is placed on reaching young persons from alcoholic families and others who are at risk for chemical abuse. The major purpose of both programs is to prevent youth from developing destructive patterns which might lead to placement in more restrictive and costly alternatives such as residential treatment.

NORTHBROOK PARK DISTRICT TEAMS COURSE

1710 Pfingsten Road
Northbrook, IL 60062
(312) 291-2995

jc, ac, gp, dh, mh, ss, e
c
all ages

Lois Tyznik, Director

The Teams course is a low initiative course designed to make experience-based learning available as a therapeutic, educational or recreational tool to agencies and the general public in the Chicago area.

OSAGE EXPEDITION

Boonville Correctional Center
Box 379, E. Morgan Street
Boonville, MO 65233
(816) 882-6521

ac
m
17-25

Steven Raymer, Director

Osage Expedition is a rehabilitative program working with residents of a correctional center who participate in an outdoor survival expedition. There is a follow-up program to evaluate participants' subsequent progress and development.

OUTWARD BOUND DIRECTIVE

P.O.Box 429
Rockland, ME 04841
(207) 549-5548 or
1-800-341-1745

jc, gp, mh, ss, e
c

Kathleen Friedrich, Director

15-17

Outward Bound Directive is a special program for youth at risk. It is a deliberately structured outdoor educational process dealing with motivational and behavioral problems in young people between the ages of 15-17.

PACIFIC CREST OUTWARD BOUND SCHOOL,
YOUTH-AT-RISK

0110 S.W. Bancroft Street
Portland, OR 97201
(503) 243-1993

jc, gp
m, f, c
14 and up

Vic Walsh, Director

Pacific Crest Outward Bound Youth-at-Risk is a 28-day program for ages. Families are involved for the final 3 days. Courses take place year-round in California and Oregon. School credit is available.

PASSAGES TO ADVENTURE, INC.

P.O.Box 71
Fayetteville, WV 25840
(304) 658-4219

jc, gp, dh, mh, e
drug & alcohol alternative
program. coed
14-17

Benjy Simpson, Director

Passages to Adventure, Inc. provides adventure programs for both delinquent youth and the general public which employ the internationally accepted Outward Bound concept. The 24-day adventure course, conducted in Western Pennsylvania and West Virginia, is designed to confront the individual with a new environment which makes difficult demands and challenges on both the individual and the group. The course is a series of programmed mental and physical problem-solving tasks involving social interaction in a wilderness setting. The mental and physical challenges are provided through such activities as rock climbing, whitewater rafting and backpacking. Social interaction is achieved within the participating group of from eight to twelve participants because the cooperation, leadership and fellowship are essential to the experience. Upon the completion of the course, a follow-up program is offered to channel the achievements of the adventure course into achievements on the "streets."

PASSPORT FOR ADVENTURE

P.O.Box 1348
 Salina, KS 67402
 (913) 825-0541

at-risk
 c
 9-13

Jim Beer, Director

School systems in Kansas and Oklahoma refer fourth, fifth, and sixth grade boys and girls who are experiencing adjustment problems at home and/or at school to Passport, a 55-day program of individual and group counseling for children and parents. The program consists of three 2-week camping trips to wilderness areas in New Mexico, Colorado, Utah, Arizona, Wyoming and Arkansas with home visits between trips to enable parents and children to adjust gradually to their changes. Parents participate in weekly parenting education and support group sessions. Community volunteers provide continued follow-up support to children upon their return from the wilderness. Passport is a division of the St. Francis Boys' Home, Inc.

PEAK, INC.

12700 S.W. Hwy
 Box 10
 Palos Park, IL 60464
 (312) 361-4610 or 448-9210
 Sandy Mishur, Director

jc, gp, dh, mh, ss, e
 c
 12-70

PEAK is an adventure Education facility which offers day programs on our site for the puposes of treatment and personal growth to general ed populations and people developmentally and emotionally disabled. All ages from 12 years up.

PRESSLEY RIDGE WILDERNESS SCHOOL

Route #1 Box 25
 Ohiopyle, PA 15470
 (412) 329-8301

jc, mh, ss, e
 m
 8-17

Peter Slavic, Director

This is a wilderness camping program based on the Lochmiller model serving emotionally disturbed adolescents in a year-round residential treatment.

PROGRESSIVE YOUTH CENTER

2842 N. Ballas Road
 St. Louis, MO 63131
 (314) 569-1277
 John Siemers, Executive Director

jc, gp, ss, e
 family/parent/community groups
 c
 11-21

Jill Coffman, Program Director

The Progressive Youth Center provides community-based prevention and in-house intervention services to youth. They utilize alternative-outdoor challenge in programming as well as several other strategies.

PROJECT APOLLO

Murray State University
University Box 3278
Murray, KY 42071
(502) 762-3824

gp, ss, e
c
13-25

William J. Holt, Director

Project Apollo is an outdoor adventure program patterned as a mini-construct of Outward Bound. It is designed to meet specific needs and interests of schools, organizations, industry, churches, and agencies. Project Apollo offers a variety of program choices ranging in length from one-half day to ten days. Through the involvement of stress-challenge activities such as climbing, rappelling, initiative problems, caving, ropes courses, and group dynamics, the participants explore their own self-concepts, awareness, concern for others, values, attitudes, and feelings.

PROJECT D.A.R.E.

Box 2000
South River, Ontario
CANADA POA 1X0
(705) 386-2376

jc, mh, ss, e
m, f, coed 12-17

Andre J. Clements, Director

Wilderness/adventure programs utilizing related activities to support behavioral changes with youth. Controlled exposure to stress and challenge within group dynamics promote close group interaction. Programs at Project D.A.R.E. include: an eight week custody program, a four week probation program, community programs, special programs and summer programs.

PROJECT USE; URBAN SUBURBAN ENVIRONMENTS

P.O.Box 3315
Long Branch, NJ 07740
(201) 870-6650

jc, gp, dh, mh, ss, e
and drug rehab
m, f, c
10-70

Phillip M. Costello, Director

Programs include a 6-month mobile program for 16 youth; outdoor experiences for foster children and special populations on year-round basis.

PROJECT WHITEWATER

P.O.Box 748
Station Q
Toronto, Ontario
CANADA M4T 2N5
(416) 922-3446

jc, mh, ss
c
10-18

Phillip Fischer, Director

Wilderness Camping: Summer/Fall- canoe tripping. Winter- winter camping; High staff/participant ratio (i.e. 2 staff-male and female, and 4 participants-2 male and 2 female).

RITES OF PASSAGE, INC.

P.O.Box 516

Lagunitas, CA 94938

(415) 488-9440

jc, ac, gp, dh, ss, e

c

12-65

Jennifer Hine-Massey, Co-Director

Since ancient times, the Vision Quest enabled our ancestors to find meaning in the major turning points of their lives by creating a "rite of passage," a self-generated ceremony marking or celebrating a personal life transition. Today, Rites of Passage, Inc. offers Vision Quest Courses designed for both youth and adults to create individual rites of passage to discover meaning within themselves. Various course emphasis include self-reliance, self-awareness, survival training, flora and fauna, traditional and modern symbols, self-generated ritual, and individual and group responsibility. Each course involves careful preparation, one week in the wilderness, during which three days and nights are spent alone, and a reunion.

ROCHESTER ALTERNATIVE SCHOOL

123 South Main Street

Rochester, NH 03867

(603) 332-2004

jc, e, dropout prevention

c

14-21

Dan Baker, Director

The Rochester Alternative School is a N.H. State model school for alternative education, offering experiential math, English, social studies, outdoor education, basic rock climbing, ropes course, winter expeditioning, canoeing, and a community service program.

ROCKRIDGE SCHOOL, INC.

P.O.Box 1614

Twin Falls, ID 83301

(208) 733-5234

L.Jay Mitchell and George D. Church, Directors

A private organizations dedicated to the adolescent and their families. All students are required to successfully complete the 21 day wilderness experiential experience, School of Urban & Wilderness Survival, Inc., and then may be admitted to Rockridge School. Rockridge faculty and staff work with and teach the youth based on the principles of integrity and consistent caring. Academic, vocational and experiential educational are provided by qualified faculty and staff. Minimum stay is generally 12 months.

ROCKS, ROPES, RUNNING, ROWING

George Valley High School

Box 192

Thomaston, ME 04861

(207) 354-2502

Mike Bowe, Director

pre-drop out

m, c

The program is intended to motivate and support the needs of students, mostly ninth graders, who are identified as potential dropouts. It uses service projects and outdoor adventure as positive motivation experiences.

ST. CROIX CAMPS I AND II

Route 1, Box 223

Markville, MN 55048

(612) 384-7919 (camp I)

(612) 384-7411 (camp II)

Dennis Hanson, Director

adjudicated delinquent youth-
court ordered placement

Camp I-m Camp II-f

13-18

Short term high adventure, year-round facility combining individualized school program, workcrews, counseling and activities.

SALESMANSHIP CLUB YOUTH AND FAMILY CENTERS, INC.

3505 Turtle Creek Blvd. Suite 114

Dallas, TX 75219

(214) 521-4891

jc, gp, mh, ss, e

m, f, c

10-16

Kent Skipper, Executive Director

Salesmanship Club operates year-round therapeutic camps for disturbed boys (10-14) and girls (12-16). Average stay is 9-12 months. Full family therapy, special education and follow-up services are provided.

SANTA FE MOUNTAIN CENTER

Route 4, Box 34C

Santa Fe, NM 87501

(505) 983-6158

Richard Kimball, Director

jc, ac, gp(river), dh, mh, ss, e

m, f

13-40

The Santa Fe Mountain Center conducts courses with different areas of emphasis.

THERAPY: In conjunction with host agencies, the Mountain Center adapts special projects for rape and incest victims, families-in-crisis, the developmentally disabled, schizophrenics, alcoholics, drug abusers, and the sexually deviant.

CORRECTIONS: Working with judges, correctional institutions, probation officers, and forensic psychologists the Center provides courses for youth-at-risk, delinquent youth and adult offenders.

LEADERSHIP: Special seminars and training courses are offered for individuals seeking expertise in the field of wilderness adventure.

TEAM BUILDING: Bureaucracies and management teams typically deal with flow charts, bottom lines, and highly structured areas of authority. The Mountain Center designs challenges which heighten the most important human qualities of an effective team- communication, spirit, positive support, and trust.

CONTRACT COURSES: In addition to the courses on our schedule, the Santa Fe Mountain Center can design programs to fit the specific needs of institutions, agencies, schools and management groups.

SCHOOL OF URBAN AND WILDERNESS SURVIVAL, INC.

P.O.Box 171

Redmond, WA 98052

(206) 881-7173

m, f, c

13-25

Larry Dean Olsen, L.Jay Mitchell, George Church, Directors

A private organization dedicated to the adolescent and their families.

Provides basic stone-age survival experience of 21 days in remote areas of Idaho and Utah. Accepts youth 13-18, coed, who are experiencing low self esteem, rebelling against parental or school authority, bright but unmotivated, experimenting with drugs/alcohol. Not acceptable suicidal tendencies, ultra-violent behavior.

SECRET HARBOR SCHOOL

P.O.Box 440

Anacortes, WA 98221

(206) 293-5151

jc, mh, ss

m

12-18

John McDonald, Director

Secret Harbor is a year-round residential treatment facility for emotionally/behaviorally disordered adolescent males, located on the last major non-developed island of the San Juans in Washington Puget Sound.

SILVER CITY YOUTH CENTER

P.O. Box 677

Silver City, NM 88062

(505) 538-3229

jc, gp, mh, prevention

m, f, coed 10-18

John R. Castorini, Director

The Youth Center is a non profit organization prevention program in the area of recreation and wilderness camping.

SOMERVILLE WILDERNESS PROGRAM

165 Broadway

Somerville, MA 02148

(617) 625-6600 ext 113

gp, dh, e

coed 13-19

Paul Robdau, Director

SOMERVILLE WILDERNESS PROGRAM is a year-round indoor/outdoor experiential education program with an emphasis in challenge/adventure activities such as: rock climbing, ropes courses, canoeing, x-country skiing, backpacking...Programs range from 1-10 days.

SPECTRUM AND UNDERWAY WILDERNESS PROGRAMS

Touch of Nature Environmental Center

Southern Illinois University

Carbondale, IL 62901

(618) 529-4161

jc, gp, dh, ss, e

c

13-70

Mark A. Hileman, Joe Steheno and Mark Renzaglia, Directors

SPECTRUM is a 30-day wilderness program working with emotionally disturbed and delinquent adolescents. UNDERWAY conducts wilderness programs of various lengths for a wide variety of populations: professionals, college students, high school groups, special populations, etc.

SPRING LAKE RANCH

Cuttingsville, VT 05738

(802) 492-3322

Michael H. Wells, Director

Rural residential community structured around shared life of basic work and play emphasizing health and achievement. Imaginative professional treatment stressing symptom control and education.

mh

coed 17 and older

SPRITE

Box 25

Oregon, WI 53575

(608) 835-5711

David W. Philips, Director

SPRITE (Support, Pride, Readiness, Initiative, Teamwork, Education) is an adventure education program designed to teach skills that will aid in the rehabilitation of institutionalized delinquent youth and to facilitate more successful reintegration into their home communities or aftercare placements. Youths participate in a variety of 2 to 8 day adventure experiences in urban and wilderness settings, each of which is designed to place students in active and relevant learning situations.

Students learn pro-social behavior, independent living skills, and responsibility through problem-solving games and initiative activities, wilderness expeditions, rock climbing, urban exploration, and work sessions. SPRITE differs from a recreational program in that the emphasis is placed not on learning new recreational activities, but rather on the process by which responsible decisions are made in stressful situations and acceptance of consequences for inappropriate decisions and behaviors.

jc

m, f

14-19

STREAM (St Louis Regional Experiential Adventure Movement)

470 E. Lockwood

Webster Groves, MO 63119

(314) 968-9203

Bruce Bailey, Director

STREAM provides:

1. certification for climbing, caving, ropes initiative courses, rescue.
2. outdoor learning lab for public and private schools, k-college.
3. management training for corporations utilizing outdoors.
4. accessible adventure programs for developmentally disabled.
5. enhancement of personal and interpersonal growth utilizing experiential adventures for general public as well as programs geared directly for "at risk" youth.

gp, dh, ss, e

c

open

THERAPEUTIC RECREATION PROGRAM

8500 Colesville Road
Silver Springs, MD 20910
(301) 565-7739

mh, drug and alcohol abuse
coed 14-35+

Robert R. Myers, Director

The Therapeutic Recreation Program is an integral component of a multifaceted treatment approach for substance abusing and emotionally disturbed adolescent and young adult clients. Wilderness trips and other recreation activities are used in conjunction with family counseling, group counseling, special education and other modalities in bringing about positive change in individual clients and family systems.

THISTLEDEW CAMP

Star Route, W-10
Togo, MN 55788
(218) 376-4411

jc, ss, e
m
13-17

Derwood J. Lund, Director

Thistledeew is a unique educational facility which offers a three month program designed to build confidence in young boys between 13 and 17 years old. The camp is intended to serve as a delinquency prevention resource for the less sophisticated boy who has experienced failure in the home, school and the community. The main goal at Thistledeew is to involve the boys in as many positive experiences as possible during their stay at camp.

Thistledeew is an intensive program. A student's needs and interests are met through involvement in group living, school, work, special interest classes and recreational activities. About a third of the time is devoted to Challenge, an outdoor wilderness survival program similar to "Outward Bound." The first phase of Challenge involves training and general conditioning. Trek travel involves the use of canoe, backpacking, cross-country skiing and travel by snowshoe. Rock climbing is also involved in this phase. "Solo" camping is another phase of Challenge. The camper experiences loneliness, hunger and cold but also learns how to handle these situations in a self-reliant manner.

TOUCH OF NATURE WILDERNESS PROGRAMS

Touch of Nature Environmental Center
Southern Ill. University
Carbondale, Il. 62901
(618) 529-4161

jc, gp, dh, mh, ss, e
college, senior citizens
coed 8-75

Joe Stehno, Ted Wichman, Directors

UNDERWAY is an experiential outdoor education program, affiliated since 1969, with Touch of Nature Environmental Center of Southern Ill. University.

UNDERWAY utilizes wilderness settings, initiative courses and group processes to help participants grow in confidence and self-reliance, cooperation and trust, and appreciation and enjoyment of the outdoors. UNDERWAY provides a variety of opportunities for personal growth, outdoor recreation and skills training, ranging in length from 1/2 to 30 days and for all age groups. Program components include SOAR- Southern Outdoor Adventure Recreation; Wilderness workshops for professionals; Spectrum project, Wilderness Adventure courses; Day programs. Additionally UNDERWAY provides: consultation services, introductory workshops, training workshops and speaker and conference workshops.

TRAIL BLAZER CAMPS

225 Park Avenue South #730

New York, NY 10003

(212) 505-9007

Jani Brokow, Director

ss, e, disadvantaged

m, f

8-16+

Trail Blazer Camps is an outstanding camping program for disadvantaged boys and girls from the urban centers of New York City, Newark, and rural communities of New Jersey. As a group, they represent a diversity of races and cultural backgrounds. These children are not "juvenile delinquents," but most of them live with tough circumstances and face challenging problems in their daily lives. Social workers from their neighborhoods have chosen these children to attend Trail Blazer Camps because of the positive far-reaching effects of our program.

Over the past 100 years we have developed a camping program that emphasizes the growth of the "whole child"- emotionally, socially, intellectually, physically and spiritually. Our goal is to challenge each child and help them meet their challenges so each knows that he/she is a good and capable person.

TRESSLER CARE

400 Trindle Road

Camp Hill, PA 17011

(717) 763-1323

Eric Krohn, Wild Director

jc

c

13-19

The Wilderness Program is a 26-day course used in conjunction with Tressler Lutheran Services foster care and counseling services. The course is also available to county courts as an independent referral service for youths in need of a short-term placement. We also offer 10-day short courses with a 6-week follow-up component to local county children and youth service agencies.

URBAN ADVENTURES

126 East 31st Street
New York, NY 10016
(212) 683-7190

gp, e
m, f, c
14-19

Jack Flanagan, President

Urban Adventures is a small non-profit agency that operates educational programs for inner-city students, public school dropouts and young law offenders. Our educational programs are adapted from Outward Bound's program in order to answer the needs of these young people.

Programs include a public school program in which basic skills make up the essential part of the curriculum, but the supplemental parts- outdoor skills, health and nutrition, service- are as influential in students' developments as literacy is. The outdoor adventures- canoeing, rock climbing, overnight camping, backpacking, exploration- require physical fitness, endurance, intelligence, and teamwork, as well as proficiency in reading, map reading, nutritious cooking and other skills necessary for the safety and success of adventures; a law offenders program in which Urban Adventures use short courses specially designed to address personal, social and academic problems of young law offenders; and a leadership program for young men and women from the inner-city who are enrolled in our 12-week course for training assistant instructors of adventure programs.

Urban Adventures also recruits inner-city students for several Outward Bound schools. Every participating in an Urban Adventures program is encouraged to perform service for others in his community. Many students are working to restore their neighborhoods by clearing vacant lots and planting gardens, renovating abandoned buildings and building playgrounds and parks. Others volunteer for work in hospitals or with ambulance units. This work persuades students that they are needed if conditions are to be changed for the better.

VINLAND NATIONAL CENTER

Lake Independence
Loretta, MN 55357
(612) 479-3555

dh, physically handicapped
c
12 and up

Joan M. Saari, Director

Vinland is a "natural resource" on healthsports for disabled persons and their families, professionals in the fields of health-care, education and rehabilitation and community based recreation and rehabilitation agencies. The Vinland Concept is designed to improve the quality of life, the health status and employability.

VISIONQUEST

P.O. Box 12906
Tucson, AZ 85732-2906
(602) 881-3950

jc, mh, ss
coed 11-18

Bob Burton, Chairman, Steve Rogers, Executive Director

VisionQuest operates wilderness camps, wagon trains, sailing programs and group homes for multiple offender youths referred by various courts and social service agencies.

WILDERNESS CHALLENGE

P.O. Box 411

Crockett, TX 75835

(409) 544-5111, ext 148 or 197

Steven Kershaw, Director

jc

m

15-17

A 28-day therapeutic stress challenge course for juvenile offenders including rock climbing, solo, marathon, mountain climbing and canoeing.

WILDERNESS CHALLENGE

P.O. Box 1267

Brownwood, TX 76801

(915) 646-5591 ext 267

Mike Stoolmiller, Acting Director

jc

m 15-17

Wilderness Challenge is an adventure based therapeutic camping program, headquartered at Crockett, Texas. Though patterned after the "Outward Bound" principles, it's primary commitment is to the rehabilitation of youth adjudicated to the Texas Youth Council (TYC). The program seeks to divert selected TYC wards from long-term institutionalization by providing a short-term, high stress alternative. Wilderness Challenge is a structured expedition in a remote wilderness area, using physical challenges, stress situations, supportive groupwork and positive adult role modeling to help adjudicated youth from across the state of Texas become more productive, well adjusted adolescents.

WILDERNESS CHALLENGE SCHOOL

P.O.Box 809

Norfolk, VA 23501

(804) 623-8731

Peter S.Viele, Director

jc, mh, ss, e, psychiatric

m, f, c

14-17

The Wilderness Challenge Program was founded in 1973 as an alternative counseling mode within the juvenile court service. This program serves 60 pre-delinquent, status offenders, and delinquent youth annually. The format consists of an Orientation, a 14-day Wilderness Adventure, and an 8-month Follow-up program. The program's goal is to transfer the positive effects of the wilderness experience to the home and community environment.

WILDERNESS EXPEDITION PROGRAM

Bergen County Department of Youth Services

355 Main Street

Hackensack, NJ 07601

(201) 646-2207 or 568-7467

Ron Vellekamp, Coordinator

m-11-14

c-14-17

This is a 4-8 month program which includes a 5-10 day wilderness phase. The program consists of an intake interview with parents and youth; a preliminary group meeting; a Wilderness Expedition including initiative games, backpacking, canoeing, climbing and rappelling; debriefing, group meetings; and 2-4 month follow-up.

WILDERNESS EXPERIENCE PROGRAM

3401 Pecos
 Denver, CO 80211
 (303)480-1966

jc, gp, mh, ss, e
 c
 9-16

Edgar Harber, Director

The Wilderness Experience Program is dedicated to providing quality and successful personal growth opportunities for young people through adventure. They believe that learning is enhanced through interesting and exciting activities, that individual and group responsibility leads to appropriate social behavior, and that overcoming challenges leads to self confidence. Wilderness Experience Program uses the outdoors to provide youngsters with the opportunity to learn and practice group interaction and problem solving skills, thus developing a sense of personal responsibility and competence. The program stresses active participation and encourages exploration and discovery of self and others. The Wilderness Experience is committed to the success of each individual during the program and to the transference of the positive gains from the experience back to the home and school environments. Standard Courses emphasize backpacking in the summer and skiing in the winter. WEP also contracts with agencies and groups to design programs to fit their needs.

WILDERNESS INQUIRY II, INC.

2929 4th Avenue South, Suite "O"
 Minneapolis, MN 55408
 (612) 827-4001

gp, physically handicapped
 c
 7-79

Greg Lais, Director

Low-cost wilderness canoe and dogsled trips for integrated groups of physically disabled and able-bodied persons. Trips vary from 3 to 28 days in length, and are conducted in the Boundary Waters Canoe Area Wilderness, Northwestern Ontario, and the Yukon Territory. Anyone is welcome to apply.

THE WILDERNESS INSTITUTE, INC.

22968 Victory Blvd. Suite 1
 Woodland Hills, CA 91367
 (818) 887-7831

jc, gp, mh, dh, e
 m, f, coed 3-65

Brad Childs, Director

The Wilderness Institute provides outdoor recreational and educational experiences for a variety of population groups. Programs in natural history, outdoor skills and safety, wilderness travel, stress management, and leadership training are available. Facilities include an Aquatic Center for instruction in boardsailing, kayaking, and boating; a Tripping Base Camp; and an Outdoor Education Center. The Wilderness Institute lays stepping stones to new horizons for such groups as the physically and developmentally disabled, inner-city children, and youth-at-risk. Special activities are designed to meet their specific needs.

WILDERNESS SCHOOL

Box 2243
 Goshen, CT 06756
 (203) 566-4146 or 491-3528
 Tom Dyer, Director

jc, mh, ss, e, "youth at risk"
 c
 13-20

The Wilderness School is a unique approach to learning. Its programs offer young people who are facing difficult decisions in their lives an opportunity to discover new ways of developing and testing their resources. Its programs are designed and its staff is trained to provide a strong impetus for change in each student's attitudes and behavior over a full year of commitment. The focus of each student's program is a three-way written contract- a commitment by the student to self-improvement- a commitment by the referring agency in the student's home community of its full support and resources- a commitment by the Wilderness School to provide a year-long program of challenge, achievement and growing awareness.

WILDERNESS TREKS

8831 Liberty Road
 Randallstown, MD 21133
 (301) 435-6565
 Frank Haynes, Director

gp, dh, mh, ss, e
 m, f, c
 12 and up

Wilderness Treks provides adventure activities tailored to groups' stated needs; talks and slide shows dealing with special education programming; consulting to colleges, organizations and special populations; and design and start up of new courses, programs in summer camps, etc.

WILDERNESS YOUTH DEVELOPMENT

Wolfcreek Wilderness School
 Route 1, Box 93
 Blairsville, GA 30512
 (404) 745-5553
 Keith W. Evans, Executive

jc
 m, f
 13-17

This short term treatment program for youth committed to the Georgia Division of Youth Services provides a 26-day wilderness experience for delinquent youth. It is based on a series of outdoor experiences designed to promote introspection as well as group interaction. Courses include backpacking, rock climbing, a solo experience, caving, and a final expedition. Through success in the activities, their interactions within the group, and the counseling of the instructors, youth are expected to benefit by improving in the following areas: self concept, personal growth, social and environmental responsibility, group interaction and related social skills, and problem solving.

WOMANQUEST INC.

P.O. Box 95092
Lincoln, NE 68509
(402) 475-3089
Jean Vrbka, Director

gp, mh, ss, substance
substance abuse
victims of violence
f, 19-78

Structured learning experiences for women and girls through experiences in the outdoors. The focus is on self-empowerment, personal strength, connection to Nature and relationship resources between women. WOMANQUEST incorporates backpacking, biking, camping and cross-country skiing. Local trips as well as in Colorado, Utah, Arizona, Minnesota, Missouri and Wisconsin. WOMANQUEST incorporates skill teaching, solo experience, peak climbs(or equivalent), group processing etc.

WOODSWOMEN

2550 Pillsbury Avenue South
Minneapolis, MN 55404
(612) 870-8291

jc, ac, gp, ss, e
f
any age, mostly 14-18, 26-65

Denise Mitten, Judith Niemi, Elizabeth Barnard, Directors
-guided outdoor trips, open to general public
-special contract day trips, weekends, or week trips for special populations
(chemically dependent juveniles; sexually abused juveniles; adults in therapy)

YOSEMITE INSTITUTE/OLYMPIA INSTITUTE

Golden Gate N.R.A.

Sausalito, CA 94965 (415) 332-5771 Steve Christiano

or

600 E. Park Avenue

Port Angeles, WA 98362 (206) 457-7300 Jerry Edelbrock

or

P.O. Box 487

Yosemite, CA 95389 (209) 372-4441 Vince Kehoe

The Yosemite Institute which works with the general public (all age groups and backgrounds) as well as youth-at-risk, is dedicated toward the improvement of environmental perceptions and ethics. The Institute operates campuses in Yosemite National Park, Golden Gate Recreation Area, and Olympic National Park. The locations of the campuses favor science-oriented programs and natural history. These studies may be tailored to meet individual group needs. Hiking, backpacking, cross-country skiing, and a ropes course may also be incorporated. The Institute Wilderness Adventure Youth Program brings together "high risk" inner city youth and police officers who spend four days together at a ropes course followed by three days of backpacking.

YOUTH CHALLENGE

Box 882

Middletown, CT 06457

(203) 344-2842 or 2811

Ellie Capers, Director

Youth Challenge works with adjudicated youth and status offenders. Courses last one day to 15 days. The program includes everything from trust activities to cross-country skiing with a positive peer group directed and team building focus.

m, f
14-16

PROGRAM DIRECTORY DATA

Program name: _____

Address: _____ Tel: _____

Director(s): _____

Parent Organization: _____

Funding Source(s): ☐ state/province ☐ private foundation
☐ federal govt. ☐ corporate grant
☐ other _____

Funding style: ☐ receive fixed annual budget unsolicited
☐ submit annual request to same source
☐ grant search on continuous basis
☐ solicit public donations

Annual budget: _____

Utilization: ☐ seasonal Year established: _____
☐ year round Years of cont. _____
☐ stationary camp operation: _____
☐ mobile program only

Number of Staff: ☐ administrative/management
☐ program staff
☐ support/service staff
☐ program supervisors
☐ total number of staff

Staff salary range: \$ _____ to \$ _____

Program Profile(s): _____

use back or send attachments.

☐ number of distinct and separate program models

User profile: ☐ juvenile corrections ☐ mental health
☐ adult corrections ☐ social service
☐ general public ☐ education
☐ developmentally handicapped
☐ other: _____

Age range: _____:
 No: user per year: _____

Sex: ☐ male ☐ female ☐ coed
 No: program days per year: _____

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